



# Down syndrome Awareness Walk

September 15, 2018 • 2:00 pm Perkins Park; Warren, Ohio

330-847-8163 330-507-0888 330-502-1098



Mail (or register online) this form along with your registration fee no later than noon August 25<sup>th</sup>, 2018 to secure your shirt size. 208 Towson Dr NW, Warren Ohio 44483 After this date shirt sizes will be limited.

TEAM NAME: \_\_\_\_\_

Individual/Team Captain Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Your email: \_\_\_\_\_  my email or address has changed

Add me to the PDF e-mail list  Add me to the PDF mailing list  Call me to volunteer with the event

Person on team with Down syndrome: \_\_\_\_\_ Shirt Size \_\_\_\_\_

Birthdate: \_\_\_\_\_ Relationship: \_\_\_\_\_ Address: \_\_\_\_\_ (to receive birthday cards)

## Team Information

- 1. \_\_\_\_\_ Shirt Size \_\_\_\_\_
- 2. \_\_\_\_\_ Shirt Size \_\_\_\_\_
- 3. \_\_\_\_\_ Shirt Size \_\_\_\_\_
- 4. \_\_\_\_\_ Shirt Size \_\_\_\_\_
- 5. \_\_\_\_\_ Shirt Size \_\_\_\_\_
- 6. \_\_\_\_\_ Shirt Size \_\_\_\_\_
- 7. \_\_\_\_\_ Shirt Size \_\_\_\_\_
- 8. \_\_\_\_\_ Shirt Size \_\_\_\_\_

Copy as needed

- \_\_\_\_\_ (4t) Extra Small Youth
- \_\_\_\_\_ (6) Small youth
- \_\_\_\_\_ (10)Medium Youth

- \_\_\_\_\_ Adult Small
- \_\_\_\_\_ Adult Medium
- \_\_\_\_\_ Adult Large
- \_\_\_\_\_ Adult 1x
- \_\_\_\_\_ Adult 2x \$2 size upcharge
- \_\_\_\_\_ Adult 3x \$2 size upcharge
- \_\_\_\_\_ Adult 4x \$2 size upcharge



### Total T-shirt Sizes

I am unable to participate in the walk, please accept my donation to support inclusion and acceptance of people with Down syndrome.

Your donation is tax-deductible PDF is a non-profit 501 (c) (3) organization.

\$25  \$50  \$100  Other \$ \_\_\_\_\_

Person with by Down syndrome Free x \_\_\_\_\_ = \_\_\_\_\_

All Registrations \$10 each x \_\_\_\_\_ = \_\_\_\_\_

Adult Sizes 2x-4x (2x-4x upcharge on shirts) \$2 each x \_\_\_\_\_ = \_\_\_\_\_

### WAIVER AND RELEASE OF LIABILITY

Total: \_\_\_\_\_ = \_\_\_\_\_

Waiver: In consideration Ds Awareness Buddy Walk activities, I hereby for myself, my heirs and personal representatives, assume any and all risks which might be associated with the event. I further waive, release, discharge and covenant not to sue Putting Downs First their officers, employees, sponsors, organizers, volunteers or other representatives or their successors and assigns, for any and all injuries or damages of any kind whatsoever suffered by myself and/or my minor child(ren) as a result of taking part in the Ds Awareness Walk event and any related activities. I also authorize and release PDF to use any photo, film, or videotape taken of me or my minor child(ren) at the event for any purpose and by signing, authorize such use and acknowledge PDF's ownership of same.

**REGISTRATION IS NOT VALID UNLESS SIGNED BY AN ADULT REGISTERING ON THIS FORM.**

Signature X \_\_\_\_\_ Date: \_\_\_\_\_

Copy as needed

# 2018 INDIVIDUAL Donation Form

Checks payable to:

*Putting Downs First*



Down syndrome Awareness Walk of Warren  
2018 in Perkins Park

## Down syndrome Awareness Walk of Warren

### **New this Year!**

All proceeds of the walk will remain right here in Trumbull County!

### **Programs running locally with PDF:**

- **Down syndrome Awareness Walk**
- **Lana Eisenbraun Enrichment Scholarship**
- **Moms Night Out**
- **Family Fun Dates**
- **Birthday Club**
- **Advocacy & Awareness Events**
- **Down syndrome Day**

### Volunteers

- To find out more about how you can help out visit [www.PuttingDownsFirst.org](http://www.PuttingDownsFirst.org)

### When:

12:00-1:50 Check in  
Funds turned in after 2:00 pm do not count towards prizes.  
Walk starts 2:00 pm.

### Where:

This is our 12<sup>th</sup> walk in Perkins Park; Downtown Warren, Ohio.

### How to raise \$500 in 7 days

- Day 1: Start by sponsoring yourself for \$25
- Day 2: Ask 3 family members to sponsor you for \$25
- Day 3: Ask five friends to donate \$15
- Day 4: Ask five co-workers to sponsor you for \$10
- Day 5: e-mail 15 people and ask for \$10 donations
- Day 6: ask your company for a \$75 contribution
- Day 7: Ask two businesses you frequent for \$25

### Getting organized

Start by registering for the walk. You and your family and friends can register either by mail, phone or at [www.PuttingDownsFirst.org](http://www.PuttingDownsFirst.org)

- Recruit friends, families and other buddies to be on your team and get them registered.
- Ask other friends, family members and co-workers to sponsor you for the walk.
- If you are using the pledge form be sure to have all donations made out to Putting Downs First.
- **REMEMBER** this donation form is INDIVIDUAL
- Bring your donations to the walk.

### Our goals for the Down syndrome Awareness Walk are:

1. to bring people together throughout the region for a fun day of sharing and support
2. to promote acceptance and inclusion of all people of all abilities.
3. raise funds for local programs.

### History:

Putting Downs First began in 2006. Girl Scout Troop 395 & their parents came together to form the first local advocacy walk and Down syndrome Organization.

With tremendous support from the local community, PDF flourished raising awareness and creating pos-Abilities for all people.

### Events

- Music
- Dancing
- Food
- Kids activities
- Chinese auction

### • Prize Levels

\$50 Notebook  
\$100 T-shirt  
\$250 Mini-Advocacy Kit  
\$500 Hoodie  
\$1000 Awareness Kit

### Onsite registration

Registration will be from 12-1:50 pm. All pre-registered walkers will pick up their t-shirt at that time. Walk in registrations are welcome.