



BUDDY WALK®

September 16, 2017 • 2:00 pm Perkins Park; Warren, Ohio

330-847-8163 330-507-0888 330-502-1098



Mail (or register online) this form along with your registration fee no later than noon August 25th, 2017 to secure your shirt size. 208 Towson Dr NW, Warren Ohio 44483 After this date shirt sizes will be limited.

TEAM NAME: _____

Individual/Team Captain Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Day Phone: _____ Evening Phone: _____

Your email: _____ my email or address has changed

Add me to the PDF e-mail list Add me to the PDF mailing list Call me to volunteer with the event

Person on team with Down syndrome: _____ Shirt Size _____

Birthdate: _____ Relationship: _____ Address: _____ (to receive birthday cards)

Team Information

- 1. _____ Shirt Size _____
- 2. _____ Shirt Size _____
- 3. _____ Shirt Size _____
- 4. _____ Shirt Size _____
- 5. _____ Shirt Size _____
- 6. _____ Shirt Size _____
- 7. _____ Shirt Size _____
- 8. _____ Shirt Size _____

Copy as needed

- _____ (4t) Extra Small Youth
- _____ (6) Small youth
- _____ (10) Medium Youth

- _____ Adult Small
- _____ Adult Medium
- _____ Adult Large
- _____ Adult 1x
- _____ Adult 2x \$2 size upcharge
- _____ Adult 3x \$2 size upcharge
- _____ Adult 4x \$2 size upcharge



Total T-shirt Sizes

I am unable to participate in the walk, please accept my donation to support inclusion and acceptance of people with Down syndrome.

Your donation is tax-deductible PDF is a non-profit 501 (c) (3) organization.

\$25 \$50 \$100 Other \$ _____

Person with by Down syndrome Free x _____ = _____

All Registrations \$10 each x _____ = _____

Adult Sizes 2x-4x (2x-4x upcharge on shirts) \$2 each x _____ = _____

Total: _____ = _____

WAIVER AND RELEASE OF LIABILITY

Waiver: In consideration of me and/or my minor child(ren) being permitted to participate in all Buddy Walk activities, I hereby for myself, my heirs and personal representatives, assume any and all risks which might be associated with the event. I further waive, release, discharge and covenant not to sue The National Down Syndrome Society, Putting Downs First their officers, employees, sponsors, organizers, volunteers or other representatives or their successors and assigns, for any and all injuries or damages of any kind whatsoever suffered by myself and/or my minor child(ren) as a result of taking part in the Buddy Walk event and any related activities. I also authorize and release PDF to use any photo, film, or videotape taken of me or my minor child(ren) at the event for any purpose and by signing, authorize such use and acknowledge PDF's ownership of same.

REGISTRATION IS NOT VALID UNLESS SIGNED BY AN ADULT REGISTERING ON THIS FORM.

Signature X _____ Date: _____

Copy as needed



2017 INDIVIDUAL Donation Form

checks payable to:

Putting Downs First

Walker's name: _____

Company/Team Name: _____

Street Address: _____

City: _____

State: _____ Zip: _____

Phone Number: _____



Perkins Park,
Warren, Ohio
September 16th, 2017

Please bring this form and all donations to the Buddy Walk® on the day of the event (9/16/2017). You are taking the challenge to raise money as an INDIVIDUAL to advocate for those with Down syndrome. I understand that raising money as an individual I am not eligible for TEAM prizes. I understand the prizes are not accumulative and I will receive one prize at the level I obtain. Friends listed as Donors do not receive a prize.

Thank you

Sponsor Donation

- 1. _____ \$ _____
- 2. _____ \$ _____
- 3. _____ \$ _____
- 4. _____ \$ _____
- 5. _____ \$ _____
- 6. _____ \$ _____
- 7. _____ \$ _____
- 8. _____ \$ _____
- 9. _____ \$ _____
- 10. _____ \$ _____
- 11. _____ \$ _____
- 12. _____ \$ _____

\$ _____ Total

PLEASE PHOTOCOPY THIS FORM AS NEEDED (FOR Self/OTHER TEAM MEMBERS)

Please make checks payable to
Putting Downs First
PO Box 81
Southington, Ohio 44470

Questions:
330-507-0888
330-847-8163
330-502-1098



Po Box 81
Southington, Ohio
44470



Buddy Walk 2017 in Perkins Park

Register online
www.PuttingDownsFirst.org

When:

12:00-1:50 Check in
Funds turned in after 2:00 pm do not count towards prizes.
Walk starts 2:00 pm.

Where:

This is our 11th walk in Perkins Park; Downtown Warren, Ohio.

History:

The Buddy Walk® was developed by the National Down Syndrome Society in 1995 to celebrate Down Syndrome Awareness Month in October and to promote acceptance and inclusion of people with Down syndrome. The Buddy Walk® has grown from 17 walks in 1995 to nearly 300 walks planned for 205 worldwide. In 2013, more than \$12.2 million was raised nationwide to benefit local programs and services, as well as the national advocacy and public awareness initiatives of NDSS that benefit all individuals with Down syndrome.

Buddy Walk 2017

All proceeds from this year's Buddy Walk® will be used locally at Putting Downs First to run the following programing.

Buddy Walk, Lana Eisenbraun Scholarship, Moms Night Out, Birthday Club, Family Fun Dates, Volunteer Buddies I-pad Program, Advocacy & Awareness, Hillman Library

7% of funds raised will benefit NDSS in creating programing and lobbying for advocacy in Washington.

Getting organized

Start by registering for the walk. You and your family and friends can register either by mail, phone or at

www.PuttingDownsFirst.org

- Recruit friends, families and other buddies to be on your team and get them registered.
- Ask other friends, family members and co-workers to sponsor you for the walk.
- If you are using the pledge form be sure to have all donations made out to Putting Downs First.
- **REMEMBER** this donation form is INDIVIDUAL
- Bring your donations to the walk.

Our goals for this Buddy Walk® are:

1. to bring people together throughout the region for a fun day of sharing and support
2. to promote acceptance and inclusion of all people of all abilities.
3. raise funds for local programs.

• Prize Levels

\$50 Notebook

\$100 T-shirt

\$250 Mini-Advocacy Kit

\$500 Hoodie

\$1000 Awareness Kit

How to raise \$500 in 7 days

- Day 1: Start by sponsoring yourself for \$25
- Day 2: Ask 3 family members to sponsor you for \$25
- Day 3: Ask five friends to donate \$15
- Day 4: Ask five co-workers to sponsor you for \$10
- Day 5: e-mail 15 people and ask for \$10 donations
- Day 6: ask your company for a \$75 contribution
- Day 7: Ask two businesses you frequent for \$25

Events

- Music
- Dancing
- Food
- Kids activities
- Chinese auction

Volunteers

- To find out more about how you can help out visit www.PuttingDownsFirst.org

Onsite registration

Registration will be from 12-1:50 pm. All pre-registered walkers will pick up their t-shirt at that time. Walk in registrations are welcome.